Individuals with HPS should avoid medications that can affect platelet function. The following list is NOT COMPLETE. Be sure to ask you doctor and pharmacist about the best medications to use.

**Aspirin:**
Acetylsalicylic acid (other salicylic acids or salicylates do not prolong bleeding time)

Check the ingredients section of all products available without a prescription before purchasing.

**Product Names:**
- Alka-Seltzer
- Anacin
- Anacin Maximum Strength
- Arthritis Pain Formula
- Arthritis Strength Bufferin Tablets
- Arthropan Liquid
- Ascriptin
- Ascriptin Extra Strength
- Aspercvin
- Aspercvin Extra
- Aspergum
- Aspermin
- Aspermin Extra
- Aspirin
- Aspirin Enteric-coated
- Bufferin Arthritis extra strength
- Bayer Aspirin, Genuine
- Bayer Aspirin, Maximum
- Bayer Children’s Aspirin
- Bayer Delayed Release
- Bayer Extended Release
- Bayer plus buffered aspirin
- BC Powder/Cold Powder
- Buffaprin
- Buffaprin Extra
- Buffasal
- Buffasal Max
- Aspirin
- Aspirin Enteric-coated
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<tr>
<th>Brand Name</th>
<th>Category</th>
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<tr>
<td>Bufferin, Tri-Buffered</td>
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<td>Buffinol</td>
<td>Tri-Pain Caplets</td>
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<td>Buffinol Extra</td>
<td>Trigesic</td>
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<td>Cama Arthritis Pain Reliever</td>
<td>Ursinus Inlay-tabs</td>
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<td>Cope</td>
<td>Vanquish Caplet</td>
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<td>Dasin</td>
<td>Cough and Cold Products:</td>
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<td>Doan’s caplets</td>
<td>Alka-Seltzer Plus Cold and Cough Medicine</td>
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<td>BC Cold-Sinus powder</td>
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<td>Ecotrin</td>
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<td>Emagrin</td>
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<td>Excedrin Extra Strength</td>
<td><strong>Nonsteroidal anti-inflammatory drugs (NSAID)</strong></td>
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<td>Stanback Powder</td>
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Ibuprohm
Ibu-tab
Medipren
Menadol
Midol IB
Motrin IB
Nuprin
Saleto
Trendar
Rufen
Children’s Advil
Children’s Motrin
Ultraprin
Valprin
Naproxen Sodium:
Aleve
Ketoprofen:
Orudis KT
Actron
Cough and Cold Products:
Advil Cold and Sinus
Diphenhist
Dristan Sinus

IMPORTANT NOTE:
THIS IS NOT A COMPLETE LIST.
OTHER PRODUCTS MAY ALSO CONTAIN ASPIRIN, SALICYLATES AND/OR CALICYLAMIDES.

Foods, Spices, and Vitamins That May Cause Abnormalities of Platelet Function*

Ginger
Onion
Vitamin C
Vitamin E
Cumin
Turmeric
Cloves
Alcohol
n-3 Fatty Acids
Chinese black tree fungus
Garlic

* Medical Progress- George and Shattil: Vol. 324, No.1

Selected Pain Medications That May Be Used in HPS Patients
(These do not appear to affect platelet function)
Acetaminophen (Tylenol®)
Tramadol (Ultram®)
Opoid analgesics:
  Butorphanol
  Codeine
  Fentanyl
  Hydrocodone
  Hydromorphone
  Levorphanol
  Meperidine
  Methadone
  Morphine
  Oxycodone
  Propoxyphene
Combination products:
  Tylenol®
  Vicodin®
  Fioricet®
  Darvocet®
  Percocet