

SESSION	DESCRIPTION
Balance & Fall Prevention	Participants will be asked to fill out basic questionnaires regarding balance confidence and quality of life. The group will then engage in a facilitated discussion regarding their balance challenges. The systems that impact balance will be shared with the group followed by activities focusing on strategies to improve balance.
Bubble POP	Become a bubble scientist and learn more about the unique physical properties of bubbles as you experiment at our three interactive stations. Experiment making bubbles and take home your own bubble print.
Build It activity	How did the Leaning Tower of Pisa get its name? Explore the scientific forces behind structures such as bridges and towers as you apply building design concepts to construct a freestanding structure out of Magic Nuudles and toothpicks
Catch Me If You Can activity	Investigate the ways animals protect themselves from predators. Meet our live animals that use defense mechanisms in order to stay safe. Create your own animal by using the animal defense of your choice
Game Developer activity	Step into the role of a game developer as you design your own game from the initial concept to a finished prototype, including materials such as cardboard trays, marbles, LED lights and your own graphics in this fun STEAM program!
"GI" Wish I Felt Better	This session will bring together HPS folks and their families that have been struggling with the colitis of HPS or want to hear more about this challenge. It will be an interactive discussion encouraging peer to peer support.
How to tell your story	Understand the power of storytelling and the value of your experience! This interactive session will help you form an outline and learn new productive ways to tell your story!
How We See	Have you ever been asked “how do you see?” or wondered about what the vision of someone with HPS or albinism is like? Whether you have HPS yourself or care about someone who does, this session will create a conversation about how we communicate about and understand each others’ vision and gives a glimpse into the way a PWA experiences the world. The interactive presentation will include a series of paintings that demonstrate the vision of someone with albinism.
HPS 101	New to HPS?..Come learn the ropes, or if you need a refresher you can join us also.
Ice Breaker/New Member Welcome	Join us as we get to know each other! We are a community and THIS IS A FAMILY REUNION!!
In Pursuit of a Treatment for HPS Bleeding	Come meet Cellphire the researchers behind a promising new bleeding treatment.
Individual Education Plans and 504s	Learn the differences between IEP's and 504's, decode the mystery of Child Study Team Meeting and feel confident advocating for your child's best interest in the educational process.
Low Vision Mobility Tools	Casey and Cassandra discuss their low vision mobility aids of choice, canes and guide dogs. They will discuss their journeys using these tools and answer questions.

Lucky Fortune activity	Discover Chinese Lunar New Year festivities, stories and traditions in this multicultural awareness program. Learn about the symbolism of the Lion Dance and create your own Lion Dance parade mask
Make your own HPShady	Create your very own HPS mascot
Make-Up Tips & Tricks for Low Vision	Join Cassandra and Casey as they discuss how they apply makeup with low vision. They will share the products they enjoy along with tips and tricks.
Music with Ashley	Come join Ashley for a fun hour of music and movement!
OBGYN Office Hours	Need a chance to talk with Dr. Meredith? Her office doors are open. Stop by, sit with her and let her know what is on your mind.
Paint Party	Join Liz for a guided painting session. Have fun with friends while creating your own masterpiece!
Parent Balancing Challenge	Raising a child with HPS can feel isolating and overwhelming. Maintaining a healthy balance with self, partner, family and community while providing the best care possible for your child can be very challenging. This workshop will provide a safe space to address self-care for parents and tools for building a strong family foundation. You will have an opportunity to connect with other parents and discuss how to be a strong, healthy role model for your child, family, and community.
Policy Advocacy 101	Want to know more about what we have done in Advocacy, and what we can all do now in the Advocacy arena? Join us for this session which will focus on ways members can become more aware and engaged in advocating for policy change.
Pre & Post Lung Transplant Panel	Are you curious about the transplant process?? Do you have questions about how to approach a transplant center or even how to pick one? What happens after transplant? Come join us as Carmen Camacho shares her patient perspective about the transplant process as she is going through her transplant journey!!
Pulmonary Wellness	You know it's important to stay as healthy as possible, but perhaps you're not always sure how to do that. Come learn some simple tips that can not only help your breathing, but your overall health as well.
Spirit of Inventions activity	Learn about the special functions of historical inventions such as the telephone, toaster and hair dryer. Hear about the lives of famous inventors such as Thomas Edison and Marie Curie before rolling up your sleeves and creating your own futuristic invention using an assortment of recycled materials.
Year in Review	This session will highlight the AMAZING journey that the Network has been on since we met last. There is a LOT to report: research, infrastructure, fundraising and tons more!! Don't miss it.